



OWN  
SECURE  
PROTECT



OCTOBER 2019  
National Cybersecurity  
Awareness Month  
#BeCyberSmart

## Cyber Security Awareness Month Update

### OWN IT.

#### Never Click and Tell: staying safe on social media

Posting your information on social media, such as personal addresses to where you like to grab coffee can be dangerous. You may figure, if everyone's doing it, why can't I? Many people don't realize that seemingly random details are all criminals need to target you and your loved ones.



#### Tips:

- Avoid posting names, phone numbers, addresses, school and work locations, and other sensitive information, whether it's via text or social media.
- Disable geotagging, which allows anyone to see where you are at any given time.

### SECURE IT.

#### Shake Up Your Passphrase Protocol: create strong, unique passphrases

Include a combination of upper and lower case letters, special characters and numbers. Different types of characters make passwords harder to crack.

Don't use common substitutions, for example, "H0use".



#### Tips:

- Never write your password down or use the same one on multiple sites.
- Be sure to log out of apps or websites where personal and confidential information is displayed.

### PROTECT IT.

#### If You Connect, You Must Protect: updating to the latest security software, web browser and operating systems

Software updates are important because they often include critical patches to security holes and flaws. Software updates can improve the stability of your software, and remove outdated features.

All of these updates are aimed at making your user experience better.



#### Tips:

- Ensure that you complete software updates when available.
- Make sure that your devices are set to automatically check for the latest updates which include the latest security patches.



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